

Ebenezer Youth Fellowship
The Upper Room Discourse (4) – The Solution To A Troubled Heart
Text: John 14:1-6

1. Review

- a) The parting words started with the teaching and demonstration of the humility of love.
- b) The story of Judas is probably the greatest tragedy ever lived out.
- c) The marks of a committed Christian.

2. Jesus the True Comforter

- a) “The best and most comforting sermon preached by Christ while on earth...a jewel and treasure not purchasable with the world’s goods” (Martin Luther)
- b) Jesus’ primary concern lies in the sorrows and fears of His disciples. He knew exactly what troubled them and was touched with the feelings of their infirmities (Heb 4:15).
- c) The basis of comfort is simple, trusting, childlike faith.

3. We can trust His Presence (v.1)

- a) Stop letting your heart be troubled.
- b) Jesus puts Himself on an equal plane with God.
- c) The disciples needed to learn to trust Jesus when they could not see Him anymore.

4. We can trust His Promises (v.2-3)

- a) Jesus’ leaving would be only to make heaven ready for the disciples.
- b) It is important to note that Jesus refers to heaven as “my Father’s house”.
- c) Heaven will be an indescribably beautiful and glorious place (1 Cor 2:9).
- d) Jesus will surely come again!

5. We can trust His Person (v.4-6)

- a) Thomas’ question and Jesus’ profound answer.
- b) Jesus comes to receive us at our death.
- c) Jesus Christ is everything we need.

Discussion Questions:

- 1. Share something that troubled you very much. How do you handle it?
- 2. Do you fear death? When is the time you long for Jesus to come again for you?